

Bachelor of Arts in Social Work

Bachelor of Arts in Social Work is a four year academic program under Faculty of Humanities and Social Sciences of Tribhuvan University. Major aim of this program is to produce generalist social workers to fulfill the need of contemporary Nepal as well as the world. In order to achieve this goal, it offers altogether 8 papers including compulsory field work, research work, academic writing and report writing courses in different semesters. These courses, apart from core courses of social work, also include various required courses from related disciplines, and some optional courses in the third and fourth year including some specialization courses. In addition, there are few compulsory courses such as Nepali, English, Nepal Studies, and Academic Writing.

Objectives

The overall objective of the courses of bachelor level is to impart up-to-date knowledge of the basic theories and methods of Social Work to the students along with skills developed through intensive field-work. The main objective is to provide general skilled human resources for social work in the context of Nepal. In addition, it also aims to inculcate in the students the spirit of human rights and social justice. Thus, the overall objective of this level is to produce skilled human resource through developing professional skills among the students of this discipline at a par with those of other countries.

In specific the bachelor level Social Work program aims to develop the following:

- Understanding of the basic concepts of Social Work; principles, methods, and practice.
- Carry out research to identify the problems faced by the community people and possible solutions to those problems.
- Developing ability to identify major social problems in the context they are situated.
- Managing and utilizing the service system to solve the problem among those affected people.
- Developing self-awareness in relation to one's own capability responding to problem situations.



प्रतिक

Admission Criteria

A student holding a higher secondary level degree (+2, PCL or any) in any of the subjects recognized by Tribhuvan University is considered eligible to apply for admission at bachelor level.

An applicant seeking admission to Bachelor in Social Work may appear in an Entrance Examination, if provisioned, of one hour's duration conducted by the Office of the Dean, Faculty of Humanities and Social Sciences, Tribhuvan University or managed by Department of Social Work. The students who pass the Entrance Examination, if provisioned, will get an opportunity of getting admission in the campus/college of their choice if possible, otherwise he/she will be assigned to a particular campus/college. The applicant who fails to appear in the Entrance Examination or to obtain a minimum qualifying score will not be given admission. Admission of the students will be based strictly on the merit list and on the enrollment quota; as per rule of FOHSS, TU, based on approval provided to the Campus/College through Dean's Office. However, Dean's Office in coordination with Department of Social Work may apply any relevant and feasible policy for enrollment in BASW.

Course Effective Date

This course of BASW will be implemented as soon as the course is approved by the concerned authority of Tribhuvan University. After the implementation of 4 years BASW program there won't be three years BA program running under FOHSS, TU.

Duration of the Course and Examinations

The duration of the course is of four academic years. There will be a final examination, in each year, at the end of each year. Regularity of the students will be an important and primary criteria to be eligible to appear in the internal as well as final examination.

Approval Criteria for Implementing BASW Program

Since the BASW is four years' annual program it requires some pre-conditions to run this program. At least 3 faculties with MSW or equivalent degree approved by Tribhuvan University and a Computer Lab with at least 25 computers are the necessary pre-conditions to run this program.



सामाजिक शास्त्र विभाग
विभागीय कार्यालय
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Distribution of Courses by Years

First Year

Paper	Code No.	Title of Course	Full Marks	Remarks
1.	SW 421	Introduction to Social Work	100	Required
2.	SW 422	Basic Sociology for Social Work	100	

Second Year

Paper	Code No.	Title of Course	Full Marks	Remarks
3.	SW 423	Basic Psychology for Social Work	100	Required
4.	SW 424A	Social Case Work Practice	50	
	SW 424B	Social Work Practice with Groups	50	

Third Year*

Paper	Code No.	Title of Course	Full Marks	Remarks
5.	SW 425	Social Issues and Leadership Development	100	Required
6.	SW 410	Social Issues and Leadership Development	100	Elective

Fourth Year*

Paper	Code No.	Title of Course	Full Marks	Remarks
7.	SW 426	Theoretical Ideologies of Social Work	100	Required
8	SW 427	Social Problem, Identifications and Interventions	100	

Note: The courses in the third year and fourth year are proposed. The title of these courses can be changed while developing detail contents later.



Evaluation

Evaluation will be on the basis of 30 percent internal and 70 percent external. Forty percent internal evaluation will be done by the Social Work Department/Campus on the basis of the following criteria:

- A. Class attendance 5 marks
- B. Class participation, discussion and presentation 5 marks
- C. Assignment 10 marks
- D. Class test (writing) 10 marks

The 70 percent external evaluation will be done by the Dean's office through Controller of Examinations, Tribhuvan University which will be written examination. However, in case of Social Work Practicum and Field Work courses 70 percent external will also be done practically by the department/Campus under the coordination of Department of Social Work TU.



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First Year

SW421: Introduction to Social Work

(Theory and Practical)

Teaching hours: 150 (70+30)

Course Description:

This paper is about the basic knowledge of social work as its introduction to students. It primarily focused on contents that help to be generalist social work practitioner. The course develops from the focus of social work as a profession from the very beginning of its roots. This course also deals with the western and eastern philosophy of social work as a profession. These all contents are expected to build up the capacity and the ability of students in the field of indigenous social work practice in the world in general and in Nepali context in particular.

Course Objective

1. To introduce students with the basics of social work discipline,
2. To enable the students to realize the mission of social work and its role in producing professional social worker,
3. To enable the students to understand and perceive the code of ethics and principles required to practice social work, and
4. To identify and analyze the contemporary issues in social work discourses

Course Contents

Unit I: Introduction of Social Work

(15 LH)

a. Concept of Social Work:

- Social Work as an independent discipline
- Social work as a profession
- Basic elements and goals of social work practice
- Fields of social work practice
- Role of social workers

b. Mission of Social Work

- Preventive



- Curative
- c. Relationship of social work with other disciplines of social sciences – Sociology, anthropology, history, political science, economics

Unit II: The Profession of Social Work: History, Perspectives and Methods (25 LH)

a. The emergence of social work as a profession

- Historical antecedents
- Social work practice (academic and professional) in:
 - United Kingdom
 - United States of America
 - Australia
 - India
 - Nepal

b. Social work, social systems and social work perspectives

- Ecosystems perspective
- Four Practice systems- Client, Action, Target and Change agent system
- Levels of Intervention – Micro, Mezzo and Macro Level

c. Social Work methodology

- Primary Methods : Casework, Groupwork, Community Organization
- Secondary Methods : Social Action, Social Welfare Organization, Social Work Research

d. Social Service delivery systems

- Social service settings
- Funding for services
- Service delivery issues

Unit III: Social Work Values and Ethics

(10 LH)

- Values and Ethics defined
- Foundation of professional social work values
- IFSW and NASW code of Ethics



- Ethical Dilemmas in social work practice

Unit IV: Ethical principles for social work

(10 LH)

- Principles of Social work Practice
 - Acceptance
 - Confidentiality
 - Controlled emotional involvement
 - Individualization
 - Non-judgmental Attitudes
 - Purposeful expression of feelings
 - Self determination

Unit V: Empowering processes for social work practice

(10 LH)

- Intake,
- Assessment,
- Planning,
- Intervention,
- Evaluation,
- Integrating gains/termination,
- Follow-up

Unit VI: Contemporary issues in Social work

(15 LH)

- Social work in Public domain : poverty, homelessness, hunger, unemployment; divorce;
- Social work in Health, Social Rehabilitation and Mental Health
- Social work with families and youth
- Social work with Older Adults and Persons with disabilities: Elderly people and Disable people
- Social work and Criminal Justice: girls trafficking, drug cases,
- Education and School Social Work



Unit VII: Social Work Practice in Nepal

(10 LH)

- Scope
- Institutional practice of social work
- Structure of social work practice
- Present practice of social work – Voluntary Social work and Professional Social work
- Social work education – Initiation of social work as a discipline.
- Opportunities and challenges in the area of social work

Unit VIII: Practicum: Project Work and Report Writing

[50 LH]

Teaching faculty will divide the students into a number of groups and will assign them writing report/paper, as project work, either based on field work or secondary/archival resources focusing on social work principles, values, ethics, issue, practices in the world and Nepal and so on. Each group of students will submit an independent research report/paper analyzed through sociological perspective under the guidance of assigned faculty in the format provided by the department/campus. The student will present this report in the viva-voce organized by the department/campus at end of academic year. This viva-voce including the report submitted by the student will be the basis of final evaluation of 30 marks allocated to this practicum.

Essential Readings

- **Unit I**
 - Bhattacharya, Sanjay (2008). Social Work: An Integrated Approach. Deep and Deep Publication, New Delhi.
 - Bisno, Herbert – The Philosophy of Social Work.
- **Unit II**
 - Friedlander, W.A. (1958) – Concept & Methods of Social Work, Eaglewood Cliffs: Prentice – Hall.
 - Milly, K.K., O.Melia, M. and Dubois, B. (2007). Generalist Social Work Practice– An empowering approach, New York: Pearson, Allyon & Bacon.
- **Unit III**



- Congress, E.P. (1998) – Social Work Values and Ethics, Chicago: Nelson – Hull Publishers
- Banks, S. (1995) – Ethics and Values in Social Work: Practical Social Work Series, London: Macmillan Press Ltd.
- **Unit IV**
 - IFSW and NASW code of Ethics, 2012
- **Unit V**
 - Bertlett, Harriett (1970) – The Common Base of Social Work Practice, National Association of Social Workers, 2 Park Avenue, N.Y.
 - Dubois, Brenda & Miley, Karla Krogsrud – Social Work: An Empowering Profession, Boston: Allyn and Bacon.
- **Unit VI**
 - Karen kay kirst-Ashman et al. (2012) Understanding Generalist practice, Belmont CA, United States of America
 - Adhikari, Dilli ram (2001) An Introduction to social work, Kathmandu, Nepal
- **Unit VII**
 - Shrestha, S. K (2013) Introduction to social work, Tajelu Publication, Kathmandu
 - Yadav, R.K (2012) Integrated social work, Amisha-shivanshi Distributors, Kathmandu



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