

SW424A: Social Case Work Practice
(Theory + Practical)

Full Marks: 50 (35+15)

Teaching hours: 75 (50+25)

Course Description

The course is designed to enhance the basic generalized theoretical knowledge in the perspective of professional casework. The course tries to give a theoretical framework to guide the knowledge, skill and attitude of students. The course is more practical and skill oriented which helps and prepares students to meet the need of different human service organization of Nepal and the world as a social caseworker in today's era. This course introduces the theoretical concepts, objectives, purpose, scope and historical development of social case work. It provides knowledge of components and process, approaches and application of social case work in different settings. Moreover, the course examines the issues related with individual and provides ideas to solve those problems within the field of social casework.

Course Objective:

- To develop understanding on the basic concepts of social Case Work
- To acquaint the students with the process of Social case work
- To understand the utilization of tools and techniques and develop in students the necessary attitude and skills to practice Social casework

Unit I: Introduction, Values, Principles of Case work (8 LH)

- Meaning, Definitions, Objective, Purpose, characteristics, Scope,
- Historical Development of Casework
- Values and Principles of case work

Unit II: The Casework Relationship (8 LH)

- Nature, Establishment, Maintenance, Termination, Transference, Counter transference
- Attitude, Emotions and Behaviour
- Psychosocial approach, Functional approach, problem-solving approach
- Psychoanalytical approach
- Desensitization model

Unit III: Component and Process of Casework (8 LH)

- Components of Case Work –The Person, The Problem, The Place, The Process.
- Process in case work:
 - Study



- Diagnosis
- Treatment
- Termination
- Evaluation
- Follow-up

Unit IV: Tools and Skills for Problem Diagnosis

(4 LH)

- Listening
- Communication
- Observation
- Interview
- Home visit
- Survey
- Recording

Unit V: Counselling and Casework

(6 LH)

Counseling in Case Work: Definition, Meaning, Importance, Objectives, Phases in Counseling , Counseling techniques & areas of Counseling

Unit VI: Other basic concepts related to Casework

(6 LH)

- Social Role
- Conflict
- Ego
- Adaptation
- Crisis
- Rehabilitation

Unit VII: Recording in Casework

(4 LH)

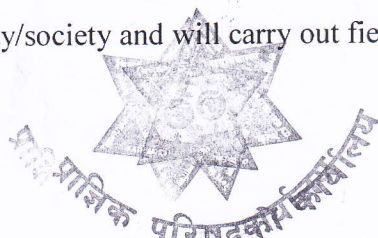
Unit VIII: Casework practice and application at different settings in Nepal (6 LH)

- Applications of social case work in: family, women, child welfare settings, school settings, marriage counseling centers, medical and psychiatric setting, correctional institute and industry.

Unit IX: Practical (Social Work Practice)

[25 LH]

Teaching faculty will plan for this practical work as per the availability of financial resources and feasibility of field work to be carried out related to case work. Faculty will make a single group or a number of groups based on the number of students studying. Each group will go to community/society and will carry out field work of 50 hours and will prepare a field work or



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project work report as the social work practice in the community. There will be a supervisor who will guide/supervisor the overall field work/case work/community/organization work. The student will present this report in the viva-voce organized by the department/campus at end of academic year. This viva-voce including the report submitted by the student will be the basis of final evaluation of 30 marks allocated for the practical of social work practice.

Readings:

Misra, P. (1994). *Social Work- Philosophy and Methods*. New Delhi: Inter-India Publications.

R.K, U. (2012). *Social Casework*. New Delhi: Rawat Publication.

Sanjay, B. (2012). *Social Work; An Integrated Approach*. New Delhi: Deep & Deep Publication Pvt. Ltd.

Essential materials

The Dynamics of Casework & Counselling: Aptekar H H

The Case Work Relationship: Biestek PP

Theory & Practice of Counselling & psychotherapy: Gerrald Corey

Introduction to Social Case Work: Grace Mathew

Social Case Work: a Problem solving Process: Helan Harris Perlman

